

Need extra care support? Find out if you qualify?

Can I live in Extra Care Housing?

Extra care housing gives you all the benefits of your own home, with flexible home care support if and when you need it. It can be the perfect choice if you need support to live independently and you can keep up your usual routines and activities in the local area.

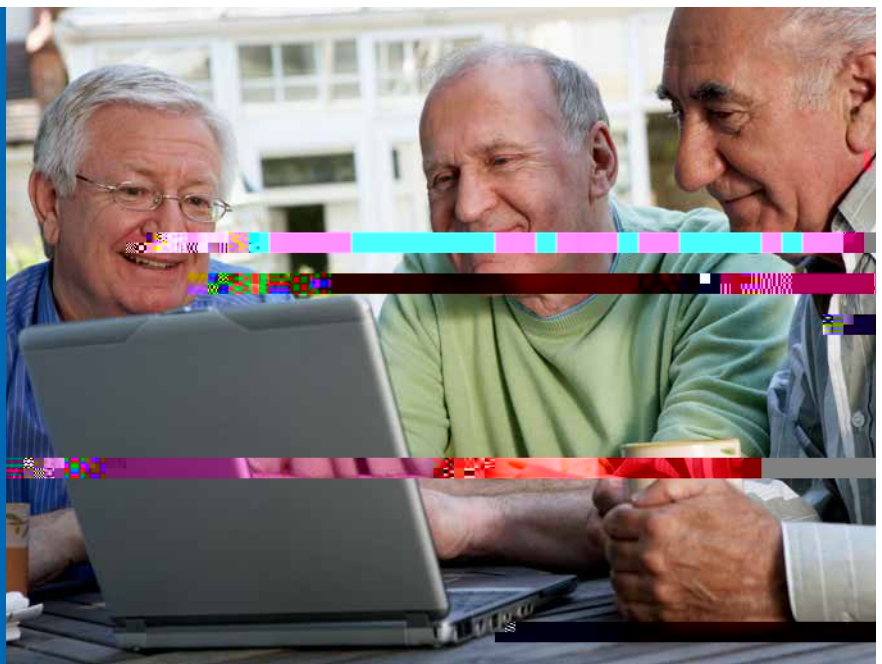
What are the benefits of Extra Care Housing?

- It is your own home and not a residential care home
- You have your privacy and your own front door
- You are able to maintain your independence
- Care services and support are available to you 24 hours - if you need them
- Meals are available onsite in your own home or in the restaurant
- You control your own money and outgoings
- You can carry on living in the community and avoid becoming isolated
- You can choose to join in social activities or not as you wish.

Activities & Clubs?

Develop your interests and find new ones!
Learn to go online!

A feature of Extra Care is the sociable atmosphere - neighbours often become friends.





P . S .

“ Paula experiences frequent confusional episodes owing to dementia. Sometimes, she feels quite low as she cannot remember what she is speaking about or what she did an hour or two ago. Paula can easily remember the last War, though, and what she did in it. She also has collapsed vertebrae as a result of osteoporosis, and needs the support of a carer for all her personal care, including continence care.

The level of her short term memory loss and confusion means that Paula needs increased support through prompting and guidance to minimise the risks to her safety owing to her memory loss and history of falls. Paula cannot not live safely in a sheltered scheme and, for a time, it seemed she would even require a care home placement.



B - A.J. S.

“ We have lived in Extra Care for 2 years now. We used to live in a lovely park home by the river, where we lived for 18 years. After June had a short stay in hospital we decided to look at where we might like to live in the future.

We took our time in thinking about moving as it was a big decision. It was very hard as we were comfortable where we were living, we had good neighbours, a nice routine and the move would also involve down-sizing. We decided we weren't getting any younger and that it was the right time for us to move and get settled somewhere adapted for our future needs.

Since moving in June has had a few falls but the on-site staff and support made coping with them and her recovery so much easier. We don't currently have daily care needs but it is good to have the support on-site and from people we know when or if we do require more help in the future.

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1.1 - What is extra care housing? - What are the costs?

The costs of living in extra care housing vary between different schemes. There are typically three elements to the cost of extra care housing:

- The cost of buying or renting your home
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This document can be made available in other formats (large print, audio tape, computer disk and Braille) on request from Extra Care Team on telephone number 01905 822654 or by emailing extracare@worcestershire.gov.uk

To the best of our knowledge all information is correct at time of printing. September 2014.

Find out more online: