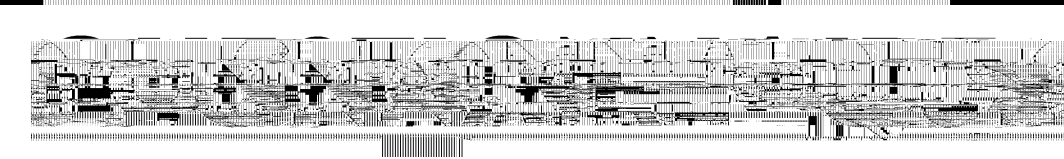
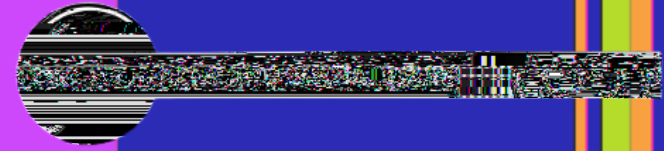


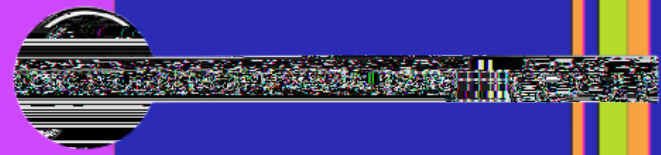


HEALTH

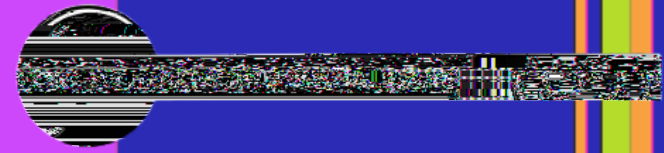




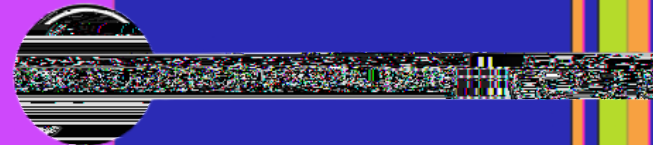
| SELF-REFLECTION AND SELF-ASSESSMENT | UNIT START | UNIT END |
|--|---|---|
| Can you list your personal qualities? | | |
| What are your personal strengths? | | |
| What other skills from the skills builder did you use? | Speaking Listening Creativity Leadership Staying Positive Aiming High Problem Solving Teamwork | Speaking Listening Creativity Leadership Staying Positive Aiming High Problem Solving Teamwork |



|  | CHALLENGES | GOALS | DATE |
|--|-------------------|--------------|-------------|
| | | | |
| | | | |
| | | | |
| | | | |



| TEACHER ASSESSMENT | UNIT START | UNIT END |
|---|---|---|
| Did the student understand the opportunities and challenges they may face? | Yes No Somewhat | Yes No Somewhat |
| Did the student pick up some soft skills during the unit? | Yes No Somewhat | Yes No Somewhat |
| Did the student pick up some hard skills during the unit? | Yes No Somewhat | Yes No Somewhat |
| Did the student show any of the 8 skills from the skills builder during the unit? | Speaking Listening Creativity Leadership Staying Positive Aiming High Problem Solving Teamwork | Speaking Listening Creativity Leadership Staying Positive Aiming High Problem Solving Teamwork |



Any other comments regarding this unit?